



Peep Antenatal

Peep Talk

Peep LTP



What is Peep?

peep

supporting parents and
children to learn together





because this is like a social thing
for both of us.

Peep Learning Together Through Play

What is The Peep Learning Together Through Play?

- Supporting development within everyday routines
- Personal, social and emotional, Physical Health and Development, Early Maths, Early Literacy, Communication and Language
- 74 different topics
- Low cost or no cost activities
- Groups and 1:1 within the Hubs and schools
- 0-5 years



Strand map of Learning Together Programme

Strands

PSED

Personal, Social and Emotional Development

CL

Communication and Language

EL

Early Literacy

EM

Early Maths

HPD

Health and Physical Development

Sub-strands & Topics

Personal and social development

- Knowing me, knowing you
- Helping babies feel good about themselves
- Helping children feel good about themselves
- Becoming 'me'
- The importance of names
- The importance of relationships

Learning

- An introduction to ORIM
- The importance of support and encouragement

Play

- Treasure baskets: Babies making choices
- How children play
- Lots of ways to play and learn
- Schemas: Making the most of play patterns

Behaviour

- Making the most of routines
- Helping children to understand and manage their feelings
- Understanding and managing behaviour

Early communication

- The very first language
- Early conversations
- Finding a voice
- Musical moments

Speaking and listening

- Making sense of sounds
- Becoming a good listener
- Becoming a talker
- Talking and listening with children
- Thinking and talking

Communication and language anywhere

- Play and language
- Imaginative play with puppets
- Things to do and talk about together
- Musical interactions
- Making the most of technology
- Talking maths

Books and beyond

- Sharing books with babies
- Sharing books with toddlers and young children
- Making the most of favourite books and stories
- Our world in books
- Storytelling
- Exploring stories through play
- Home-made books

Reading

- Environmental print
- Wonderful ways with words
- Becoming a reader

Writing

- Mark making
- Exploring writing through play
- Becoming a writer

Early literacy everywhere

- Lots to read and write about
- Literacy and technology

Fun with maths

- Mathematical babies
- Exploring early maths
- Maths in everyday routines
- Maths in books, toys and games
- Maths in songs and rhymes
- Mathematical adventures

Numbers & counting

- Exploring numbers
- Number names
- Toddler numbers
- Let's count
- Numbers, numbers everywhere

Maths everywhere

- A sense of order
- Shapes and patterns everywhere
- Sorting and matching
- Exploring measures

Healthy living

- Food for life
- Exploring food
- Making the most of food and mealtimes
- Looking after 'me'
- Exploring nature

Physical development

- Babies on the move
- Exploring movement
- Musical movements
- Movement and language
- Building a brain

Sensory development

- Early sensory experiences
- Making sense of the world
- Understanding our place in space
- Developing balance and co-ordination

Communication & Language Topic:	Developmental stage				Topic Aims – Communication and Language (CL)
	Baby	Toddler	Pre-school	Any	
The very first language	√				To understand how babies and very young children communicate with others through sensory stimuli, body language, facial expression, eye contact and sounds. To recognise the importance of early positive interactions in promoting <u>secure attachment</u> .
Early conversations	√				To increase awareness and understanding of how and when to hold 'conversations' with babies. To recognise the importance of early positive interactions in promoting <u>secure attachment</u> .
Finding a voice	√				To understand how babies' find their voices' and begin to develop language by listening and making sounds. To recognise the challenges of babies using crying to communicate and consider ways to help both adults and babies.

*Peep Learning Together Programme Map – **Topic Aims** (for parent/carer and child Peep sessions)*

Communication & Language Topic:	Baby	Toddler	Pre-school	Any	Topic Aims – Communication & Language (CL) - continued
Musical moments	√				To recognise that sharing musical moments with babies is not just about songs and rhymes, but also about early 'musical' interactions between parent/carer and baby (<u>communicative musicality</u>). To understand how sharing musical moments with babies, such as songs, rhymes and musical interactions, supports all aspects of their early development.
Making sense of sounds	√	√	√	√	To explore how babies and young children make sense of sounds by being able to both hear and see who or what is making them. To recognise that babies and young children need opportunities to listen carefully so they can separate sounds and make sense of them.

Peep Talk

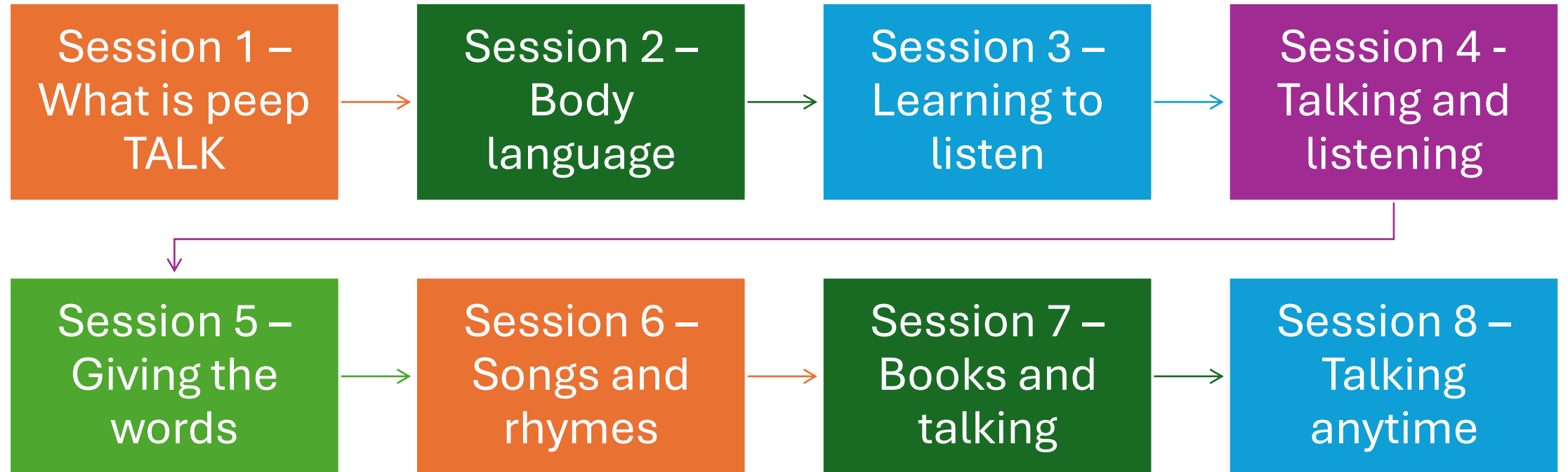
8-week Programme

Aims:

- **Parents and children together:** Designed for parents and their young children with a developmental stage or age from about **18 months to four years**.
- **Empowering parents:** Peep TALK helps parents understand how and why different ways of interacting with their child actively supports their speech and language development, and the positive impact it has on their child's future communication skills.
- **Real-life activities:** Peep TALK offers free or low-cost activities, ideas and interactions that fit easily into everyday life, and make a big difference to a child's communication development.
- **Flexible delivery:** The sessions are adaptable, enabling practitioners to deliver them in a way that best meets the needs of their local community, whether in groups or one-to-one.
- **Early intervention:** Ideal as a first in-house intervention or for families awaiting support from a Speech and Language Therapist.



TALK
Programme



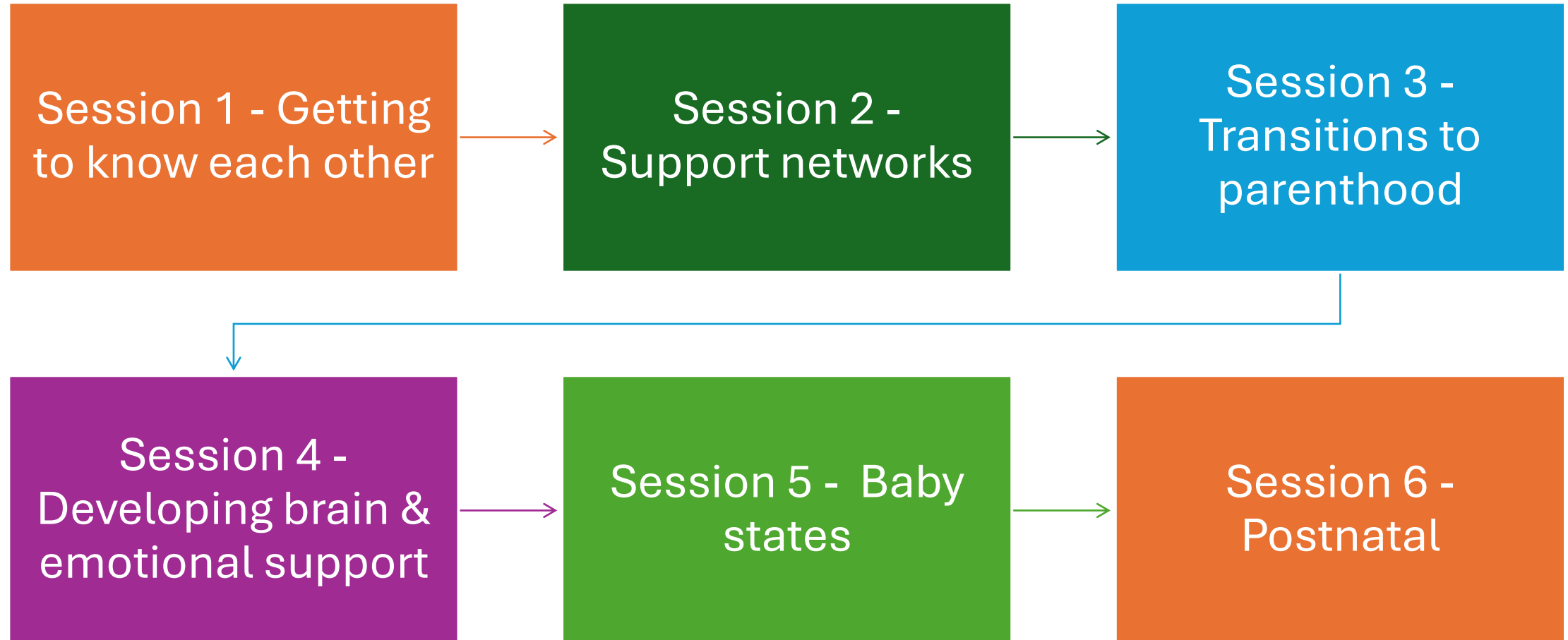
Peep Antenatal

6-week programme (5 Antenatal sessions & 1 postnatal session)

Aims:

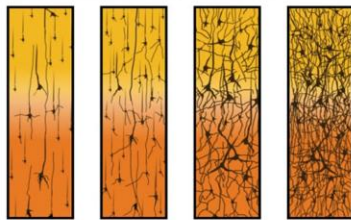
- Build more secure attachment even before baby is born.
- Involve & include other family members.
- Build a non-judgemental community.
- Develop understanding and awareness of the social and emotional aspects of the transition to parenthood.
- Share helpful information with parents about their baby's development.
- Padlet – easy resources





Peep tips | Health and Physical Development | Building a brain

The connections that join up a baby's brain cells develop faster in the first 2 years of life than any other time. It is the easiest time to develop the lifelong building blocks of learning, through interactions with parents and carers - seeing, hearing, smelling, feeling, tasting, cuddling, playing, singing...



Newborn 1 Month 9 Months 2 Years

Picture: The Urban Child Institute

peep supporting parents and children to learn together @PeepCentre www.peeple.org.uk

Things to do at home | **peep** | Going on a space walk

Try these ideas to create your own imaginative spacewalk. In a bigger or outdoor space you could run and jump too. If indoors, it can help to remind your child that in space everything is in slow motion!

Putting on our space boots, suit and helmet - imitate the movements needed to put these things on our bodies.

Walking like an alien - make up your movements to show how you think an alien might walk.

Being a rocket - countdown 5-4-3-2-1... then blast off into space and run really fast on the spot until you run out of fuel (are told to stop)!

Spinning planets - turn around slowly with your arms out (or roll down a hill) - try not to get too dizzy!

Going into orbit - crawl around, but make sure you don't bump into other planets (each other!).

Going for a moonwalk - make big slow steps lifting your feet up really high.

Becoming a star - start crouched down into a tiny ball and grow into a big star - with a star jump at the end.

Back down to earth - gently glide through the atmosphere as you slowly walk around and land safely.

How it helps - Going on a space walk helps children to:

- have fun while being physically active and developing their strength and co-ordination
- become aware of the position of their bodies in relation to objects around them ('spatial awareness')
- learn new words as they play.

peep supporting parents and children to learn together Find more ideas for things to do at home: www.peeple.org.uk @PeepCentre

Things to do at home | **peep** | Playing musical games

What you will need:

Something you can play music on, a safe space for dancing and some music.

What to do:

- Play the music and dance to it together.
- After a little while, switch off the music and everybody drops to the floor - Musical Bumps.
- You could also try doing Musical Statues - when the music stops everybody freezes.
- Try different kinds of music - faster or slower, happy or sad.
- These games can be played with one child or a whole group. When everyone is familiar with the game, try helping your child to be the one who turns the music off - it can be fun to be in control!

Playing these musical games helps young children to:

- listen out for a change of speed or a 'stop' in the music, and control their movement,
- enjoy dancing and letting off steam!
- use technology to help play the game.

Padlet | People • 1yr • **Frozen**

Week 4 - Making Time for Talking and Listening

Doing the Talking at Home activities as often as you can will help your child's language development.

Week 4 TAH - Talking at Home activity

Encourage your child to have conversations with you, this can be just you and your child, as you can see in the videos. Or when you are talking to others, encourage your child to join in too. You can do this at home or when out and about.

Week 4 video

Recasting - repeating back to your child, what they are trying to say.

By doing this you are giving your child the time to talk, helping them with new words and modelling great listening skills.

Mum is trying to teach her son a new word 'Hydrangea'.

peep TALK Talking and Listening Kit

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Peep tips | Antenatal | What is reflective functioning?

Reflective functioning involves thinking about our baby from pregnancy onwards - through our Head, Heart and Hands - to develop a strong attachment relationship:

Head - being able to think about our baby and hold them in our minds - respecting and understanding them for who they are, as a unique individual

Heart - tuning into our baby, trying to feel or empathise with our baby's feelings and behaviour

Hands - being able to show our baby that we 'get' them, by saying and doing things that are sensitive and at the right time (some of the time!)

peep supporting parents and children to learn together Find more Peep tips: www.peeple.org.uk



Offer – How can we support you?

- Translations – some resource are already translated
- Flexible sessions – with children or no children
- Groups & 1:1s for single sessions or blocks of sessions (including in education settings).
- Pathway to other courses, such as Triple P Baby
- Groups/ sessions are usually 1hr – 1.5hrs
- TDAH's (Things to do at home)
- Accessible
- Fun! (songs, stories, activities)
- Easy sign up / referral – peep@rotherham.gov.uk
- **FREE!!**



Rotherham
Metropolitan
Borough Council



Thank you!
Any questions?



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