

Park Baby



The Rotherham
NHS Foundation Trust

Clifton Park garden room and sun space

Wednesdays, 24 June - 15 July

Free, fun and friendly sessions for parents/carers
with babies and pre-school children



Park Baby facebook group:

www.facebook.com/groups/parkbaby

01709 423333

*Ambitious
Caring
Together*



**FAMILY HUBS
Rotherham**



Relaxed, welcoming outdoor sessions where babies and children can play and explore. Being active together helps children:

- build strong, healthy bodies
- develop confidence and social skills
- sleep better and feel happier
- prepare them for nursery and school



Where

Clifton Park garden room & sun space

When

Wednesday 24 June: 10:00 -11:30am

Wednesday 1 July: 09:00 -10:30am (earlier start)

Wednesday 8 July: 10:00 -11:30am

Wednesday 15 July: 10:00 -11:30am

Know before you come

No need to book - just come along ready for outdoor play.



Move more
Sit less
Play together