

Our ref: LJe/JLa

21 April 2026

Dear Parents/Carers

Last week in school we held Oral Hygiene assemblies and workshops delivered by the NHS. The sessions focused on why brushing teeth is so important, and staff also received training on how to demonstrate effective tooth-brushing techniques to children.

Following this, our FS2 class will now be running a daily Toothbrush Club in the classroom to support children in developing good oral hygiene habits.

As part of the NHS programme, we will also be holding a Coffee Morning on Wednesday 29 April 2026 at 8:35am. This session will be led by the NHS and will provide parents with information about their work in school, along with support and advice on finding a dentist. They will also be available to discuss other topics such as sleep, behaviour, and general wellbeing.

The following day, our Year 4, Year 5 and Year 6 classes will be taking part in Disclosure Workshops. Further information about these workshops can be found on the next page. You can give consent for your child to take part using the link provided [here](#).

Thank you for your continued support.

Yours faithfully

Miss Jepson
Principal

Dear Parent and Carers,

We all understand the importance of good dental hygiene. We would like to give children the opportunity to see how well they brush their teeth. This will be supported by the Rotherham Children's Public Health Nursing service-- Oral Health Improvement Team.

The children will clean their teeth and then chew a disclosing tablet, which will stain the areas of their teeth that they have missed when brushing. They will then brush these areas again to see how they can improve their brushing technique / realise the importance of effective dental hygiene. The dye is non-permanent and will not harm their teeth or gums.

Following this, children will discuss practical brushing methods, what constitutes good dental hygiene, and some of the risks associated with poor brushing/diet for dental health.

Your child will receive a free toothbrush and toothpaste containing 1450 ppm of fluoride, which they can take home. Children's teeth – NHS

There is no cost involved or a need to buy new toothbrushes for your children. If you have any questions or concerns, please do not hesitate to ask. Please note the tablets may or may not be suitable for vegetarians due to 'pregelatinised starch'.

Please also note that if consent is not obtained, then the child will not be able to participate in this activity.

Yours sincerely,

The Oral Health Improvement Team

Child's name: _____ Class: _____

I do not permit my child to use disclosing tablets and bring their toothbrush and paste on.
(* delete as applicable)