

# Sharing Experience, Building Strength— Parent Carer Workshops

## Workshops by Parent Carers, for Parent Carers

Workshops are aimed at families of children with additional needs and/or disabilities – no diagnosis required



To register your interest  
please email:  
[rpcftraining@rpcf.co.uk](mailto:rpcftraining@rpcf.co.uk)  
or see our website for more  
details and up coming dates  
[www.rpcf.co.uk](http://www.rpcf.co.uk)

### Sensory

On this workshop you will find out how our senses impact our lives and gather strategies to help.

### Teen Life

This workshop is for parent/carers of 10-16 year olds who are on the pathway or diagnosed Autistic. You must attend all 6 weeks.

### Advocating for Your Child

This workshop is aimed at parent/carers of children and young people with SEND.

### Managing Anxiety

This workshop is aimed at parent/carers of children and young people with SEND.

WORKSHOPS ARE DELIVERED IN PARTNERSHIP WITH:



The Rotherham  
NHS Foundation Trust



QR code for  
event page