



• INSPIRED FOOD •

*mint*

• FOR EDUCATION •



# Menu

## Maltby Learning Trust Primary Schools

### Our Menus

Our menus: meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British Farm Assured Meat. Are Nut Free, Peanut Free and Shellfish Free.

### Food for Life

We continue with our achievement of Food for Life which means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit [foodforlife.org.uk/schools](http://foodforlife.org.uk/schools)





# MENU - WEEK ONE

Week Commencing: 2 sep, 23 Sep, 14 Oct 2024

## MAIN MEAL

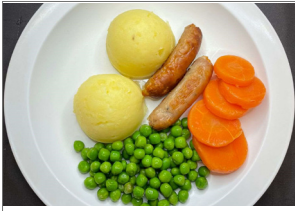
## VEGETARIAN

## JACKET POTATO

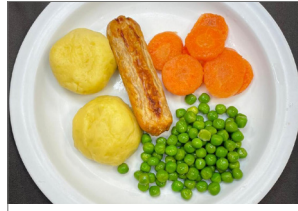
## SANDWICH

## DESSERT

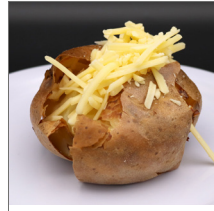
MONDAY



Sausage & Mash served with seasonal vegetables



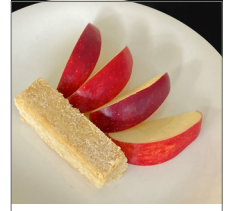
Quorn Vegan Sausage & Mash served with seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches



Shortbread & apple slices

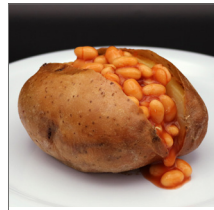
TUESDAY



Chicken & Sweetcorn Pasta Bake served with broccoli & Mixed Green salad



Macaroni Cheese served with baguette slice & seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches



Lemon sponge & custard

WEDNESDAY



Roast Turkey served with roast potatoes, gravy and seasonal vegetables



Quorn Roast Fillet served with roast pota-toes, gravy and seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches

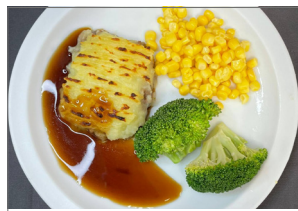


Ice cream & Peach slices

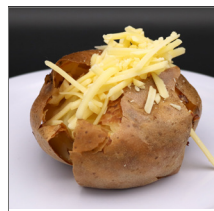
THURSDAY



Cottage Pie served with broccoli & sweetcorn



Vegetarian Mince Cottage Pie served with broccoli & sweetcorn



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo

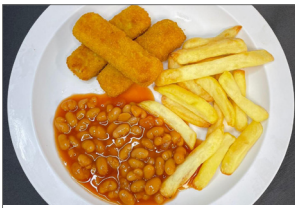


Selection of Sandwiches



Chocolate sponge & custard

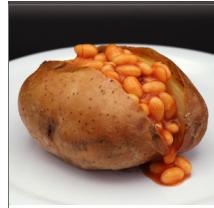
FRIDAY



Fish Fingers, served with Chips, Garden Peas or Baked Beans



Cheese & Potato Pie served with chips, garden peas or baked beans



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches



Fruity Friday

# MENU - WEEK TWO

Week Commencing: 9 Sep, 30 Sep, 21 Oct 2024

## MAIN MEAL

## VEGETARIAN

## JACKET POTATO

## SANDWICH

## DESSERT

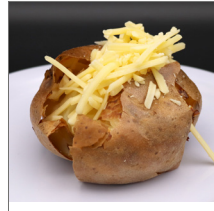
MONDAY



Pasta With Sausage & Tomato Sauce served with a warm baguette slice and seasonal vegetables



Pasta With Quorn Meatball & Tomato Sauce served with a warm baguette slice and seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches



Banana traybake served with custard

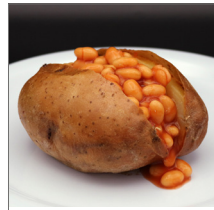
TUESDAY



Creamy Chicken & Sweetcorn served with roasted potato wedges and seasonal vegetables



Cheese & Baked Bean Puff Served with roasted potato wedges and seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches



Apple Crumble with Custard

WEDNESDAY



Roast Chicken served with gravy, roast potatoes and seasonal vegetables



Quorn Roast Fillet served with roast potatoes, gravy and seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches

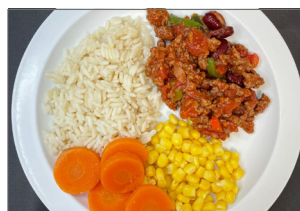


Ice cream & Peach slices

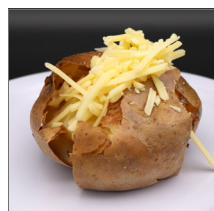
THURSDAY



Beef Chilli served with fluffy rice and seasonal vegetables



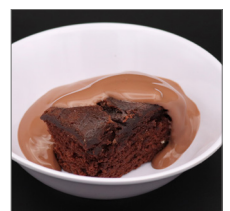
Vegetarian Chilli served with fluffy rice and seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches



Chocolate sponge & custard

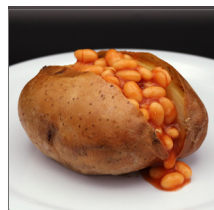
FRIDAY



Fish Fingers, served with chips, baked beans or garden peas



Cheese and Tomato Pizza served with chips, baked beans or garden peas



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches



Fruity Friday

# MENU - WEEK THREE

Week Commencing: 16 Sep, 7 Oct 2024

## MAIN MEAL

## VEGETARIAN

## JACKET POTATO

## SANDWICH

## DESSERT

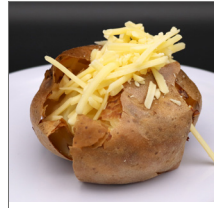
MONDAY



Cowboy Hotpot served with mashed potato and seasonal vegetables



Quorn Cowboy Hotpot Served with mashed potato and seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches



Strawberry ice cream & fresh orange slices

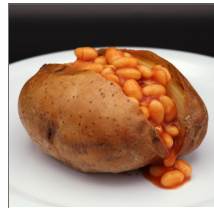
TUESDAY



Chicken & Cheese Sauce Topped Pasta served with a slice of warm baguette and seasonal vegetables



Macaroni Cheese served with a slice of warm baguette and seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo

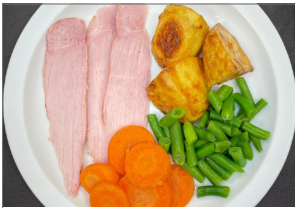


Selection of Sandwiches



Lemon sponge served with custard

WEDNESDAY



Roast Gammon served with roast potatoes, gravy and seasonal vegetables



Quorn Roast served with roast potatoes, gravy and seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches

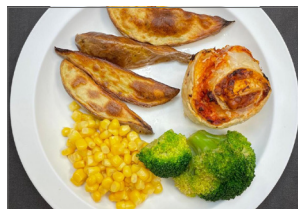


Flapjack

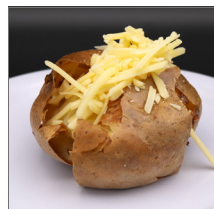
THURSDAY



Cheese, Tomato & Ham Pizza served with roasted potato wedges and seasonal vegetables



Cheese & Tomato Pinwheel served with roasted potato wedges and seasonal vegetables



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches



Chocolate brownie & apple slices

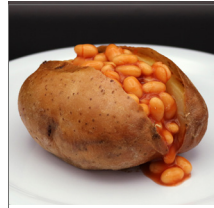
FRIDAY



Battered Cod Fillet & Chips served with peas or baked beans



Plant Based Sausage Roll & Chips served with peas or baked beans



Jacket Potato served with a choice of Cheese, Beans or Tuna Mayo



Selection of Sandwiches



Fruity Friday

# JACKET POTATOES

**All of our jacket potato options are offered every day**

What will you choose to fill your Jacket Potato with?

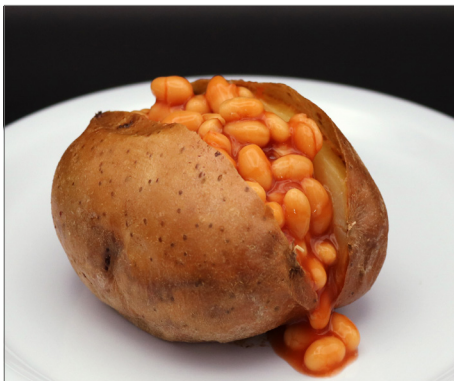
Cheddar Cheese, Beans, Cheddar Cheese & Beans or Tuna Mayonnaise.



Jacket Potato with  
Grated Cheddar Cheese



Jacket Potato with  
Grated Cheddar Cheese & Beans



Jacket Potato with Beans



Jacket Potato with  
Tuna Mayonnaise

## DELI OPTION

**We offer a variety of delicious sandwich options daily.**  
All with tasty fillings to keep hungry tummies nice and full.



Ham Sandwich



Tuna Mayo Sandwich



Cheese Sandwich

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